



March 06, 2026 | Third Sunday of Lent | Year A

THE PARISH VOICE

Official Newsletter of the Parish of the Resurrection Table View

A vibrant community, rooted in the joy of the Resurrection and dedicated to proclaiming the good news of Jesus Christ!



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PARISH CLERGY



Parish Priest

Fr Carlo Adams
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carlosofs@resurrection.co.za



Assistant Priest

Fr Gavin Atkins
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gavin.atkins@resurrection.co.za



Deacon

Lloyd Langford
Cell No: (082)469-2716



Secretary

Ivona Naidoo
Tel No: (021)557-6780
parish whatsapp
Cell No: (067)937-4526



Youth Minister

Leonardo Sforza
Cell No: (082)493-4582



Parish Lay Counsellor

Corina Pedder
Cell No: (083)333-5445



**Child Protection
Co-ordinator**

Michelle Hill
Cell No: (084)558-6780

Table View Catholic Community Church of the Resurrection

📍 43 Janssens Avenue, Table View

Mass Times

- Tuesday: 8:30 AM
- Wednesday: 9:00 AM
- Thursday: 8:30 AM | 6:00 PM
- Friday: 8:30 AM
- Saturday: 5:30 PM
- Sunday: 7:30 AM | 9:00 AM | 10:30 AM | 5:30 PM

Confession Times

- Wednesdays: 8:30 AM - 8:50 AM
- Saturdays: 4:30 PM - 5:15 PM

Melkbos Catholic Community Ascension Community Center

📍 11th Avenue, Melkbosstrand

Mass Times

- Tuesday: 10:00 AM
- Sunday: 8:30 AM

Parklands Catholic Community Christian Brothers College - CBC

📍 Corner of Dorchester Drive &
Parklands Main Road, Parklands

Mass Times

- Sunday: 10:30 AM

Parish Office Hours

Monday | 8:00 AM - 13:00 PM
Tuesday - Friday | 8:00 AM - 15:00 PM

CONTACT US

✉ office@resurrection.co.za

📞 021-557-6780

🌐 www.resurrection.co.za

📍 43 Janssens Avenue, Table View

SOCIAL MEDIA

📘 [Parish of the Resurrection](#)

📷 [parishoftheresurrection](#)



Reflection

THE WOMAN AT THE WELL



Dear Parishioners

As we gather for the Third Sunday of Lent, we continue our journey through this sacred season of reflection, renewal, and hope. Lent invites each of us to pause, look inward, and draw closer to God through prayer, repentance, and acts of love.

In this week's Gospel, Jesus reminds us of the importance of conversion. The parable of the fig tree teaches us that God is patient and merciful, always giving us another opportunity to grow and bear fruit. Even when we feel we have fallen short, God does not abandon us. Instead, He nurtures us with grace, inviting us to begin again.

Lent is not only about sacrifice; it is also about transformation. It is a time to soften our hearts, to forgive, to serve those in need, and to deepen our relationship with the Lord. Small acts of kindness, sincere prayer, and moments of quiet reflection can open our lives to God's presence in powerful ways.

As a parish community, may we support and encourage one another on this Lenten path. Let us continue to pray for those who are struggling, for peace in our world, and for the strength to live the Gospel each day.

May this week bring you renewed faith, hope, and the gentle reminder that God is always working in our lives, helping us grow into the people He calls us to be.

God bless you and your families.

Fr. Carlo Adams
Parish Priest
Oblates of St. Francis de Sales

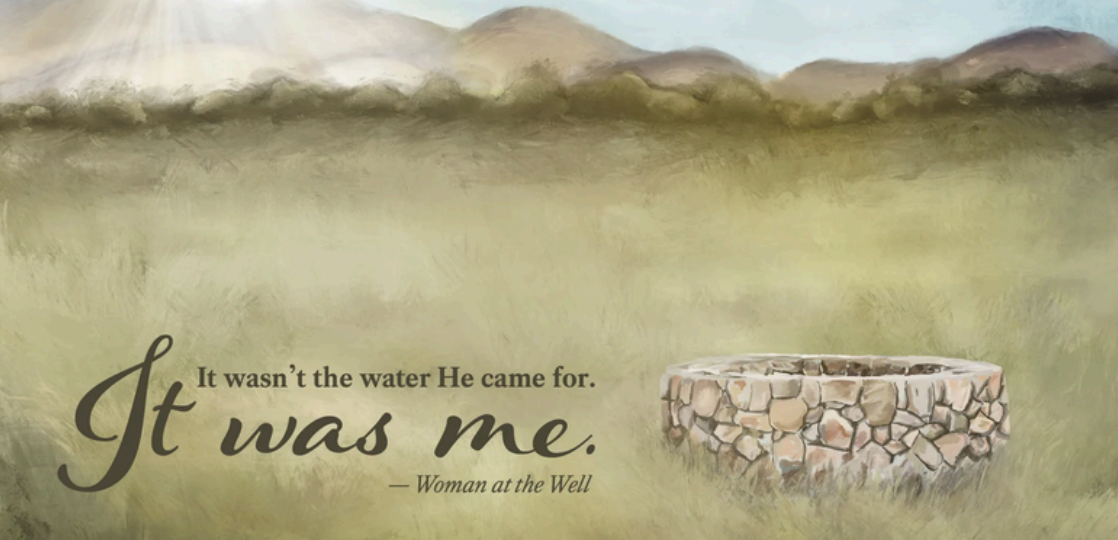
In every community, and especially in the Church, we sometimes struggle with a delicate question: How do we tell someone the truth? As the French expression puts it: Comment dire à quelqu'un « ses quatre vérités » ? — how do we tell someone their hard truths?

If we do not truly love the person, we risk crushing them under accusations and final judgments. If we do love them, we may fear damaging the relationship and so choose silence. We also have to ask: When is the right moment? Too early, and the truth is not understood. Too late, and it may no longer heal. And perhaps most importantly: Why do I want to speak? Is it love, or is it anger, pride, or the desire to be right?

The Gospel of the Samaritan woman (John 4:4–42) shows us how Jesus speaks truth. Tired and thirsty at the well, He begins not from superiority but from vulnerability:

“Give me a drink.”

He creates relationship before correction. He awakens desire before naming failure.



It wasn't the water He came for.
It was me.
— *Woman at the Well*

Only after trust is formed does He gently invite her to speak the truth about her life. He names the facts without reducing her to her past. And the result? She is not crushed — she is transformed, becoming a witness who runs back to her village to proclaim hope.

This past week, I experienced a beautiful echo of that Gospel. I had the privilege of welcoming home someone who had stayed away from the Church for some time. Disillusioned by the very human frailty of God's children — wounded by the imperfections we all carry — this person had drifted away. Yet beneath the disappointment remained a deeper hunger: a hunger for the sacraments, for grace, for the quiet consolation that only Christ gives.

It was not arguments that brought them home. It was thirst.

Like the woman at the well, the desire for “living water” became stronger than past hurts.

The sacraments — especially Confession and the Eucharist — are not rewards for the perfect. They are medicine for the wounded and nourishment for the hungry. The Church remains holy not because her members are flawless, but because Christ is present within her.

The Gospel reminds us that truth spoken in love does not destroy; it reveals. It opens a future. It does not trap a person in their past but invites them toward living water. And often, the deepest truth is not about our failures — it is about who Christ is for us: the One who waits patiently at the well of our lives.

May we learn to speak truth as Jesus does — with humility, patience, and hope. And may we never underestimate the quiet power of spiritual hunger that leads hearts back home.

Fish Fridays

DURING LENT



The Parish of the Resurrection will be having fish meals that can be **ordered each week for Fish Fridays during Lent** to be **collected on Fridays after Stations of the Cross at the Table View Parish.**

Orders & EFT payments to be in by **THURSDAY 12:00PM**
for collection on **FRIDAY** at 18:30PM

MEALS & PRICES



R150

20 Piece Mixed
Sushi Platter



R150

Salmon
Stir Fry



R120

Yellow Tail
Stir Fry



R120

Tuna
Stir Fry



R100

Vegetable
Stir Fry

Images are for promotional purposes only and may not represent the actual meal.



Banking details will be provided once your order is confirmed.

Grilled Ocean Catch

150g of sustainably sourced salmon, tuna, or yellowtail, grilled to perfection and served on a bed of fresh stir-fry vegetables and noodles. Priced according to the fish choice chosen for the stir fry.

PARISH OF THE RESURRECTION THEME FOR 2026: GATHERED TO GROW, SENT TO SERVE



PARISH THEME PRAYER

O God, our Father, You have called us to gather as a community of faith, one in Christ as parishioners of the Parish of the Resurrection, drawn together by the Holy Spirit despite our human differences.

You assemble us in Your love and nourish us with Your Word and Sacraments, so that we may grow in faith and charity as courageous disciples of Your Son, our Lord Jesus Christ.

May the grace we receive never be kept for ourselves, but be generously shared in our ministries and in the life of our community. Open our eyes to the needs within our parish and to those on the margins of society.

Transform our worship into witness, our prayer into action, and our faith into a living sign of hope. Make us a voice that speaks with courage for justice, compassion, and peace.

Through the intercession of St. Thérèse of Lisieux, may we become a beacon of hope for all.

We ask this through Christ our Lord. Amen.

Our 2026 theme, "Gathered to Grow, Sent to Serve", embodies this, gathering us for spiritual growth and sending us in mission—directly building toward next year's [2027] theme which is "Journey of Faith, United to Love" and our 40th anniversary celebration.

Jesus assures us, "the kingdom of God is among you" (Lk 17:21), this is realized in our parish as one body with many members, where diverse ministries unite in the Eucharist to grow in faith and serve as Christ's witnesses (1 Cor 12:12-27).

Mass Intentions

SATURDAY, 7 MARCH 2026

Basil Dabare (RIP) †
Nicolau De Luz (RIP) †
Joe Araujo (Thanksgiving)

SUNDAY, 08 MARCH 2026

7:30 AM
Tanya Wood (RIP) †

9:00 AM
Pro Popoli
Cornelia Protopapa (RIP) †
Sop Mele Sharon (RIP) †

10:30 AM
Maya Sutherland (Special Intention)

05:30 PM (PARISH)
Rene Cogill (RIP) †
Ashley Marx (Birthday)
Levi (Birthday)

TUESDAY, 10 MARCH 2026
08:30 AM
Hermenegildo Ribeiro (RIP) †
Maria Isabel Rebelo (Birthday)
Peter Smith (Special Intention)

WEDNESDAY, 11 MARCH 2026
9:00 AM
Theresa (Thanksgiving)
Debbie Du Preez (RIP) †

THURSDAY, 12 MARCH 2026
8:30 AM
Julia Rodrigues (RIP) †
Joao Correia Rodrigues (RIP) †
Derek Hall (RIP) †
Scholastica Msomali (RIP) †
Marcelino Da Silva (Birthday)

6:00 PM
Margarida De Brito (RIP) †
Souls in Purgatory (RIP) †
Mimi Maseko (RIP) †
Affectionate Nkhambule (RIP) †
Gloria Musi (RIP) †

FRIDAY, 13 MARCH 2026
8:30 AM
Mortuary List
Theresa (Thanksgiving)
Peter Smith Special Intention
Debbie Du Preez (RIP) †

Praying for Healing

Alan Thorogood
Allan Farrow
Ann Cover
Ana Vizzi
Ana de Vincenzo

Beena Govender
Bell Rebello
Bernita Roper
Bertha Ugolini

Carol Eppenberger
Carol Olivier
Cedric Schroeder
Curt Bherends

Daniella Dimitrova
David Pals

Ellie Eekers
Eddie Cripps
Edith Derbyshire
Edith Jansen

Fernanda de Sousa

Graham Grant

Hannie Jacobs
Henni de Olival

Jan Croucamp
José de Freitas
Juan Wolmarans

Leon Schronen
Linda Guldemon
Lorraine Cabral

Manuel Comba
Maria Collocott
Maria da Graça
Maria da Silva
Maria de Oliveira
Maureen McGowen
Mary Smith
Meg Hewitt
Michaela-Jane Benn
Miguel De Canha
Mike Moore

Pat Schlosz
Percy Lovers
Peter Gould
Phillipa Kempen
Patricia Markey

Sammy Lopes
Sandra McDonogh

Val van Ginkel

Yves Calder



Petition for the Sick, deceased or special intension

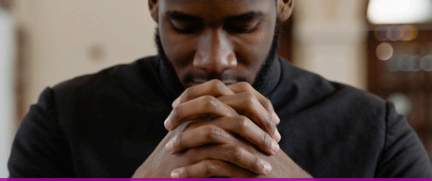
If you would like to have the name of a sick family member or friend included in the Petition for the sick, deceased or special intention read at weekend masses, please call the Parish office two weeks in advance by 09:00 am on a Thursday.

Please make sure that you have permission from the person you want listed, before you call us to add their name.

We will add your loved one's name to the bulletin sick list the following weekend. The same applies if you wish to remove someone from the sick list.

You can contact the office on Tuesdays after 09:00 am on (021) 557-6780 or 067 037 4526.

Names will be kept on for three months unless otherwise noted.



Daily Mass Readings 2026

Liturgical Calendar

Year A – Weekday Cycle Year II

Sunday March 8, 3rd Sunday of Lent

Ex 17: 3-7/ Ps 95: 1-2, 6-7, 8-9/ Rom 5: 1-2, 5-8/ Jn 4: 5-42

Monday, March 9, St Frances of Rome

2 Kgs 5: 1-15/ Ps 42: 2, 3, 43: 3, 4/ Lk 4: 24-30

Tuesday March 10

Dn 3: 25, 34-43/ Ps 25: 4-5, 6 and 7, 8 and 9/ Mt 18: 21-35

Wednesday March 11

Dt 4: 1, 5-9/ Ps 147: 12-13, 15-16, 19-20/ Mt 5: 17-19

Thursday March 12

Jer 7: 23-28/ Ps 95: 1-2, 6-7, 8-9/ Lk 11: 14-23

Friday March 13

Hos 14: 2-10/ Ps 81: 6-8, 8-9, 10-11, 14 and 17/ Mk 12: 28-34

Saturday March 14

Hos 6: 1-6/ Ps 51: 3-4, 18-19, 20-21/ Lk 18: 9-14

Sunday March 15, 4th Sunday of Lent

1 Sm 16: 1, 6-7, 10-13/ Ps 23: 1-3, 3-4, 5, 6 / Eph 5: 8-14/ Jn 9: 1-41

The Southern Cross Est. 1930 The Catholic Magazine *for Southern Africa*

Get your
Southern Cross magazine
March issue!

In The Southern Cross March issue – 40 pages of great Catholic Content!

- Why Church needs ministry for autism
- The vocation to educate
- When parents bully teachers
- Leaders among learners
- Sister Maureen Rooney's life in education
- Reflection for Human Rights Day
- Influencer priest's digital mission field
- Beware of the devil inside
- Hearing with the disciple's ear
- The drama of Holy Week in Seville
- My Lenten phobia
- Saint of the Month: Ss Macarius and Cyril of Jerusalem
- We answer your questions about why Judas wasn't stopped and the divided bones of saints.

and much more!



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Visit: <https://www.digital.scross.co.za/subscribe>

or

Email: md@scross.co.za to subscribe.

CALENDAR OF EVENTS

Here you will find a list of our upcoming events to help you stay connected and involved in our vibrant life of our Parish. We invite you to participate, serve and grow in faith alongside fellow parishioners as we journey together in Christ.



STATIONS OF THE CROSS

EVERY FRIDAY 18:00 PM

during Lent

STATIONS OF THE CROSS

📅 Every Friday during Lent

🕒 18:00 PM

📍 Parish of the Resurrection, Table View

[View](#)



EASTER MARKET

CATHOLIC CHURCH OF THE RESURRECTION
41 LANSBERG AVENUE, TABLE VIEW

SATURDAY
28TH MARCH
2026
10:00-17:00

Free entry | Games | Prizes | Raffle
RUN ACTIVITIES FOR THE WHOLE FAMILY
WIDE VARIETY OF LOCAL GOODS ON SALE

For more information or to get involved in the market

EASTER MARKET

📅 28 March 2026

🕒 10:00 AM - 17:00 PM

📍 Parish of the Resurrection, Table View

[View](#)



VOLUNTEERS NEEDED!

CALLING ALL VOLUNTEERS!
WE NEED YOUR HELP!

Are you looking for helping hands in:
- Kitchen Angels
- Prayer Warriors
- Hearts & Hands
- Working Teams

Do you feel called to join the Alpha team?
Send us a message to see how you can help!

For more information, please contact:
Lauren Radloff
084 584 5854
Giuliana
071 648 7287

VOLUNTEERS NEEDED - ALPHA

📞 Lauren Radloff
+27 84 584 5854

Giuliana
+71 648 7287



HOPE FOR A BETTER MARRIAGE
RETROUVILLE PROGRAMME
RECOVER THE LOVE IN YOUR MARRIAGE

Whether you're struggling or just want to deepen your connection, Retrouville offers a safe, supportive space to begin again. Because every marriage deserves a second chance.

WHEN: 15 - 17 May 2026

📍 COST: R2000 per couple (includes meals, materials, and accommodation)

CONTACT: Chris and Val
072895028
support@helpourmarriage.org

Take the first step towards healing your marriage...
Learn more at www.helpourmarriage.org

RETROUVILLE PROGRAMME

📅 15-17 May 2026

🕒 TBC

📍 TBC

📞 Chris or Val +27 71 299 7028

✉ capetown@helpourmarriage.org



THE INSTALLATION OF ARCHBISHOP SITEMBELE SIPUKA OF THE ARCHDIOCESE OF CAPE TOWN

It is with great pleasure that the Archbishop of Cape Town invites all faithful to attend the installation on Saturday, 14 March 2026 at Grand West Arena, Goodwood at 10:00 am.

SCAN HERE TO BOOK

INSTALLATION OF ARCHBISHOP-ELECT SITEMBELE SIPUKA

📅 14 March 2026

🕒 10:00 AM

📍 Grand West Arena, Goodwood



CATHOLIC ENGAGED ENCOUNTER

Getting married or thinking about getting married? offers you the chance to spend a wonderful weekend, away from the pressures of work, family, wedding preparations, ... to prepare for your lifetime commitment.

WEEKENDS IN 2026
February 21-22
May 16-17
August 22-23
November 21-22*

Venue: Salesian Institute, Cox Chapman and Somerset Road, Greenpoint, Cape Town.

*Non-residential programme (from 2026): 10:00 am to 10:00 am on the Sunday.

Bookings & Info:
Book directly on the site: www.engageencounter.co.za

ENGAGED ENCOUNTER

📅 16-17 May 2026

📅 22-23 August 2026

📅 21-22 November 2026

🕒 After 09:00 AM mass

📍 Salesian Institute, Green Point

✉ bookings.ceecapetown@gmail.com



BLANKET DRIVE COLLECTION

27-28 June 2026

At all Masses during this time

📍 Parish of the Resurrection, Table View

These are the blankets that the St Vincent de Paul Society will be distributing to those in need. We humbly ask for your generous support in helping us bring warmth and comfort to those who need it most.

Blanket drive collection
27 and 28 June 2026
at all the masses

BLANKET DRIVE COLLECTION

📅 27-28 June 2026

📅 At all Masses during this time

📍 Parish of the Resurrection, Table View

[View](#)



ENCOUNTER 2026 DATES

OPEN TO MARRIED COUPLES

MATERIALS | MEALS | ACCOMMODATION

26 - 28 JULY 18 - 20 SEPT

CHRISTIAN BROTHERS CENTRE
1 PARADYSKLOOF ROAD, STELLENBOSCH

Contact Sean and Tanya to secure your special weekend

MARRIAGE ENCOUNTER

📅 24-26 July 2026

📅 18-20 September 2026

🕒 TBC


📍 1 Paradyskloof, Stellenbosch

📞 Sean +27 71 473 1411 or
Tanya +27 82 219 8028

Stay connected! Follow our social media and check our notice boards for the latest updates.

CALENDAR OF EVENTS

Here you will find a list of our upcoming events to help you stay connected and involved in our vibrant life of our Parish. We invite you to participate, serve and grow in faith alongside fellow parishioners as we journey together in Christ.



PENITENTIAL SERVICE
📅 11 March 2026
🕒 18:30 PM
📍 Parish of the Resurrection, Table
[View](#)

Read the Bible in one year.

- 06** Day 065 Judges 19-21
"Befriend the humor in life; laughter is a refreshing elixir."
- 07** Day 066 Ruth 1-4
"Embark on the journey, even when the path ahead is unknown."
- 08** Day 067 1 Samuel 1-4
"Embrace the journey, for it is where you will find your strength"
- 09** Day 068 1 Samuel 5-18
"Dare to tread the unknown; it holds endless possibilities."
- 10** Day 069 1 Samuel 9-11
"Befriend the wild within; it's where your power lies."
- 11** Day 070 1 Samuel 12-14
"Welcome uncertainty; it's the path to growth."
- 12** Day 071 1 Samuel 15-17
"Every challenge is an opportunity to grow and learn."

 Stay connected! Follow our social media and check our notice boards for the latest updates.



SECOND COLLECTIONS 2026

ARCHDIOCESE OF CAPE TOWN | SECOND COLLECTIONS DIARY FOR 2026

29 MARCH 2026

LENTEN APPEAL

A special call to support the Church's outreach to those most in need. Your generosity helps fund essential services such as food relief, shelter, counselling, and pastoral care for vulnerable individuals and families during this sacred season of Lent.

MARCH

07 | 08 3rd Sunday of Lenten Appeal
14 | 15 4th Sunday of Lenten Appeal
21 | 22 5th Sunday of Lenten Appeal
28 | 29 6th Sunday of Lenten Appeal

APRIL

03 Holy Places Collection
(Good Friday)
04 | 05 Oblates of St. Francis De Sales
25 | 26 Priest's Sick Fund

MAY

02 | 03 Ecclesiastical Education Fund
30 | 31 Oblates of St. Francis De Sales

JULY

04 | 05 Peter's Pence Collection
11 | 12 Seafarers Sunday Collection

AUGUST

15 | 16 St. Peter, the Apostle
(Opus Sancti Petri)

SEPTEMBER

26 | 27 Priests' Provident Fund Collection

OCTOBER

17 | 18 Mission Sunday

NOVEMBER

07 | 08 Prison Ministry Sunday Collection
21 | 22 Oblates of St. Francis De Sales
28 | 29 1st Sunday of Advent Appeal

DECEMBER

05 | 06 2nd Sunday of Advent Appeal
12 | 13 3rd Sunday of Advent Appeal
19 | 20 4th Sunday of Advent Appeal
24 | 25 Oblates of St. Francis De Sales

Second collections are a simple yet powerful way for us, as a parish community, to live out the Gospel through generosity.

These collections usually support specific needs beyond the regular running of the parish—such as charitable works, outreach programs, and the wider mission of the Church.

By giving, even in a small way, we help ensure that the Church can continue to serve those in need and be a sign of Christ's love in our community and beyond.

FINANCIAL UPDATES

STEWARDSHIP - SUPPORT FOR THE MISSION OF THE PARISH

Dear Parishioners,

We extend our heartfelt gratitude to each of you for your generous financial support of our parish. Your contributions are vital in sustaining our community and enabling us to fulfill our mission.

To ensure the continued security of our parish, we will no longer be publishing weekly collection totals. However, please be assured that we will provide timely updates on the overall financial situation of the parish, keeping you informed of how your support is making a difference.

Thank you once again for your unwavering commitment and generosity. Your support is truly a blessing to our parish family.

With sincere appreciation and blessings.
Parish of the Resurrection

Banking Details - Parish of the Resurrection

Standard Bank, Milnerton
Catholic Church of the Resurrection
Account: 073253960
Ref: Name and Surname

Please remember your planned giving pledges.

For convenience, you can use the SnapScan code to pay directly to the church

Thank you!

TO ALL WHO
SUPPORT THE
PARISH
FINANCIALLY

SnapScan



SCAN HERE

Parish of the Resurrection
www.resurrection.co.za