



August 07, 2026 | 19th Sunday in Ordinary Time

THE PARISH VOICE

Official Newsletter of the Parish of the Resurrection Table View

A vibrant community, rooted in the joy of the Resurrection and dedicated to proclaiming the good news of Jesus Christ!



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PARISH CLERGY



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Parish Lay Councillor

Corina Pedder
Cell No: (083)333-5445



Child Protection Co-ordinator

Michelle Hill
Cell No: (084)558-6780

Table View Catholic Community Church of the Resurrection

📍 43 Janssens Avenue, Table View

Mass Times

- Tuesday: 8:30 AM
- Wednesday: 9:00 AM
- Thursday: 8:30 AM | 6:00 PM
- Friday: 8:30 AM
- Saturday: 5:00 PM
- Sunday: 7:30 AM | 9:00 AM | 10:30 AM | 5:00 PM

Confession Times

- Wednesdays: 8:30 AM - 8:50 AM
- Saturdays: 4:00 PM - 4:45 PM

Melkbos Catholic Community Ascension Community Center

📍 11th Avenue, Melkbosstrand

Mass Times

- Tuesday: 10:00 AM
- Sunday: 8:30 AM

Parklands Catholic Community Christian Brothers College - CBC

📍 Corner of Dorchester Drive &
Parklands Main Road, Parklands

Mass Times

- Sunday: 10:30 AM

Parish Office Hours

Monday | 8:00 AM - 13:00 PM
Tuesday - Friday | 8:00 AM - 15:00 PM

CONTACT US

- ✉ office@resurrection.co.za
- ☎ 021-557-6780
- 🌐 www.resurrection.co.za
- 📍 43 Janssens Avenue, Table View

SOCIAL MEDIA

- 📌 [Parish of the Resurrection](https://www.facebook.com/parishoftheresurrection)
- 📷 [parishoftheresurrection](https://www.instagram.com/parishoftheresurrection)

Reflection

Women of Faith, Courage and Hope



Dear Parishioners

Welcome to this week's edition of The Parish Voice.

As we gather to celebrate the 19th Sunday in Ordinary Time, we are reminded that God is always present, calling us to trust in His love and to remain faithful, even when the path ahead feels uncertain. Through prayer, the Eucharist, and our shared life as a parish family, we find the strength to keep our eyes fixed on Christ.

In this week's newsletter, you'll find reflections to nourish your faith, updates on parish life, upcoming events, and opportunities to grow in service and community. We hope these pages will encourage you and keep you connected with all that is happening in our parish.

Thank you for being an important part of our parish family. May the Lord bless you and your loved ones throughout the week ahead, filling your hearts with His peace, hope, and joy.

God bless,

Fr. Carlo Adams

Parish Priest

Oblates of St. Francis de Sales



As we celebrate Women's Month in South Africa and especially Women's Day on 9 August, we honour the courage, dignity and contribution of women. We remember the women who stood together for justice in 1956, and we also turn to the remarkable women of the Church whose lives continue to speak to us. Their witness reminds us that a woman is not merely someone who stands "behind" another person's success. Women stand beside us, lead among us, pray for us, teach us, serve us and help shape the life of the Church and society.

Mary: A Woman Who Said "Yes"

"Behold, I am the handmaid of the Lord; let it be to me according to your word." — Mary (Luke 1:38)

At the heart of this month stands the Blessed Virgin Mary, whose Assumption we celebrate on 15 August. Mary's greatness began with a humble and courageous "yes" to God. She received God's word, carried Christ within her and then went out to serve Elizabeth. Her life teaches us that faith is active: it listens, responds and serves. In Mary, every woman can see that quiet faithfulness is never insignificant. A loving presence, a patient word, a difficult sacrifice and a willing heart can become places where Christ enters the world.



St Jane Frances de Chantal: Friendship That Bears Fruit

“There is nothing that makes us more like God than simplicity; those who really possess it are perfect. It is only necessary to will what is right and do it: all lies in that.” — St Jane Frances de Chantal

St Jane Frances de Chantal knew joy, grief, responsibility and new beginnings. As a wife and mother, and later as a religious founder, she allowed suffering to deepen rather than harden her heart. Her spiritual friendship with St Francis de Sales became a source of encouragement and fruitful service in the Church. Together they show us that holy friendship is not about one person standing in another’s shadow; it is about walking side by side, helping one another recognise God’s call. Jane encourages the women of our parish to bring their wisdom, gifts and experience confidently into the life of the community.

St Monica: Hope That Does Not Give Up

“Nothing is far from God.” — St Monica

St Monica is remembered for her steadfast prayer for her son, St Augustine. She could not control his choices, but she refused to lose hope in him or in God. Her tears were not signs of weakness; they were the language of persevering love. Augustine’s conversion and service to the Church remind us that the prayers, counsel and example of women often bear fruit long after they are offered. Monica speaks especially to mothers, grandmothers, guardians and mentors: continue to love, continue to pray and never underestimate the seeds of faith you plant.

St Rose of Lima: Love Expressed in Service

“Apart from the cross there is no other ladder by which we may get to heaven.” — St Rose of Lima

St Rose of Lima gave herself to prayer, simplicity and care for those in need. Her witness belongs to the same rich soil of holiness that produced St Martin de Porres, whose life shone with humility and charity. Their connection invites us to see that holiness is never isolated: faithful lives strengthen one another and create communities of compassion. Rose challenges us to notice those who are overlooked and to make our homes and parish places of welcome, mercy and practical care.

A Call to Our Parish

These women were different in personality, vocation and circumstance, yet each allowed God to work through her life. Mary teaches courageous availability; Jane Frances de Chantal, fruitful friendship and leadership; Monica, persevering hope; and Rose of Lima, prayer expressed through loving service. Their stories invite us not only to admire holy women of the past, but also to recognise and support the women among us today.

Let us honour the women who nurture faith in our families, serve in our parish, lead in our communities, care for the vulnerable, teach the young, comfort the grieving and work for justice. Let us also create space for women’s voices, leadership and gifts. May every girl and woman know that she is created in the image of God, called by name and entrusted with a mission that matters.



Happy WOMEN'S DAY

★ ★ ★
TODAY WE CELEBRATE THE INCREDIBLE
WOMEN OF OUR PARISH AND BEYOND.

Thank you for the faith you live, the hope you inspire, the love you share,
and the countless ways you serve God, your families, and our community.

MAY THE LORD CONTINUE TO BLESS YOU WITH STRENGTH, WISDOM,
COURAGE, AND PEACE AS YOU FOLLOW HIS CALL EACH DAY.

May Our Blessed Mother Mary continue to guide and protect you always.



*"She is clothed with
strength and dignity, and
she laughs without fear
of the future."
Proverbs 31:25*

MONTHLY PLANNED GIVING AND OFFERTORY

THE WEEKLY OFFERTORY IS THE FINANCIAL LIFEBLOOD OF THE PARISH.

DONATION
ENVELOPES
CAN BE
COLLECTED IN
THE FOYER!



Sunday Collection

- **Immediate impact:** Funds operational costs, weekly utility bills, and short-term community needs.
- **Spontaneous and regular:** Consists of cash, snapscan given by attendees during a sunday mass.
- **Unpredictable:** Fluctuates based on weekly attendance, weather, and seasonal holidays.

Banking Details - Parish of the Resurrection

Standard Bank, Milnerton
Catholic Church of the Resurrection
Account: 073253960
Ref: Name and Surname

Planned giving is a regular set offering that the parish is able to meet its expenses, including electricity, water, security, insurance, staff salaries, clergy support, liturgical supplies, maintenance of our buildings, and the many ministries that serve our parish family.

Whether you contribute through Planned Giving envelopes, debit order, EFT, SnapScan, card payment, or cash during Mass, your faithful weekly and monthly support allows the parish to plan responsibly and continue serving the community.

Contact Information:

- 📞 021-557-6780
- 🌐 www.resurrection.co.za
- ✉️ office@resurrection.co.za
- 📍 43 Janssens Avenue, Table View

Thank you!

TO ALL WHO SUPPORT THE PARISH
FINANCIALLY

COOKING WITH Fr. Carlo



SALADS &
DRESSINGS



4 SERVINGS



40 - 45 MIN

CARAMELIZED BUTTERNUT SQUASH SALAD WITH CRANBERRIES & FETA

INGREDIENTS

- 1 medium butternut squash, peeled and cut into cubes
- 2 tablespoons olive oil
- 1 tablespoon honey
- Salt and freshly ground black pepper
- 120 g mixed salad leaves
- 80 g feta cheese, crumbled
- 60 g dried cranberries
- 50 g toasted pecans or walnuts, roughly chopped
- 1 small red onion, thinly sliced (optional)

DRESSING

- 3 tablespoons olive oil
- 1 tablespoon balsamic vinegar
- 1 teaspoon Dijon mustard
- 1 teaspoon honey
- Salt and pepper to taste

METHOD

1. Preheat your oven to **200°C**.
2. Toss the butternut cubes with the olive oil, honey, salt, and pepper.
3. Spread them on a baking tray and roast for **25-30 minutes**, turning once halfway through, until tender and beautifully caramelized.
4. While the butternut cools slightly, whisk together all the dressing ingredients.
5. Arrange the salad leaves on a serving platter.
6. Top with the warm roasted butternut, crumbled feta, dried cranberries, toasted nuts, and red onion if using.
7. Drizzle over the dressing just before serving and gently toss.

Father Carlo's Tip:

The secret to a great salad is balance. Every bite should have something sweet, something salty, something crunchy, and something fresh. Serve the butternut while it's still slightly warm—the feta softens just enough, making every mouthful delicious.

Thank you for joining me on Cooking with Father Carlo. Until next time, may your kitchen be filled with good food, joyful conversation, and God's abundant blessings. Happy cooking!

Mass Intentions

SATURDAY, 08 AUGUST 2026

05:00 PM (TABLE VIEW)

Maria Isabel Rebelo (RIP) †

Wilson, Mario & Ricardo Moreira Sousa

(RIP) †

SUNDAY, 09 AUGUST 2026

7:30AM (TABLE VIEW)

Joe Henriques (RIP) †

Abandoned Souls in Purgatory

08:30 AM (MELKBOS)

John Kimble (RIP) †

9:00AM (TABLE VIEW)

Pro Popoli

Sop Mele Sharon (RIP) †

George Spengler (RIP) †

Cheryl Crystal (Birthday)

10:30AM (TABLE VIEW)

Souls in Purgatory

10:30AM (PARKLANDS)

No mass intentions

05:00 PM (TABLE VIEW)

Adrian & Ralph George (RIP) †

TUESDAY, 11 AUGUST 2026

08:30 AM (TABLE VIEW)

Catholic Womans League (Special Int.)

Jimmy & Jean Farrell (RIP) †

Marco Carrettoni (RIP) †

Anita & Fred Campher (RIP) †

Reggie & Andre Lincoln (RIP) †

Ambros Munpath Benny (RIP) †

10:00 AM (MELKBOS)

No mass intentions

WEDNESDAY, 12 AUGUST 2026

9:00 AM (TABLE VIEW)

Arthur Miles (RIP) †

THURSDAY, 13 AUGUST 2026

08:30 AM (TABLE VIEW)

Cecile Gomez (RIP) †

Jose Henriques (RIP) †

Thanksgiving (Theresa)

18:00 AM (TABLE VIEW)

No mass intentions

FRIDAY, 14 AUGUST 2026

08:30 AM (Table View)

Mortuary list

Wilson, Mario & Ricardo Moreira Sousa

(RIP) †

Carrettoni Family (Thanksgiving)

Marcos Da Silva (Birthday)

Praying for Healing

Alan Thorogood

Allan Farrow

Ann Gover

Ana Vizzi

Ana de Vincenzo

Antoinette Donnelly

Beena Govender

Bell Rebello

Bernita Roper

Bertha Ugolini

Bretton Pierce

Carol Eppenberger

Carol Olivier

Cedric Schroeder

Curt Bherends

Daniella Dimitrova

David Pols

Dora Santos

Doreen Biggar

Desiree Langston

Ellie Eekers

Edith Derbyshire

Edith Jansen

Fernanda de Sousa

Graham Grant

Hannie Jacobs

Henni de Oliva

Jan Croucamp

José de Freitas

Juan Wolmarans

Jean Kok

Josee Schneeberger

Linda Guldemond

Lorraine Cabral

Lynda Rosevear

Manuel Comba

Maria Collocott

Maria de Oliveira

Maureen McGowen

Mary Smith

Meg Hewitt

Michaela-Jane Benn

Miguel De Canha

Mike Moore

Percy Lovers

Peter Gould

Phillipa Kempen

Rita Holtzhauzen

Ronnie Panday

Sammy Lopes

Sandra McDonogh

Val van Ginkel

Veronica Ndifon

Yves Calder



PETITION FOR THE SICK, DECEASED OR SPECIAL INTENSION

If you would like to have the name of a sick family member or friend included in the Petition for the sick, deceased or special intension read at weekend masses, please call the Parish office two weeks in advance by 09:00 am on a Thursday.

Please make sure that you have permission from the person you want listed, before you call us to add their name.

We will add your loved one's name to the bulletin sick list the following weekend. The same applies if you wish to remove someone from the sick list.

You can contact the office on Tuesdays after 09:00 am on (021) 557-6780 or 067 037 4526.

Names will be kept on for three months unless otherwise noted.

Daily Mass Readings 2026

Liturgical Calendar

Year A – Weekday Cycle Year II

● Sunday August 9, 19th Sunday in Ordinary Time

1 Kgs 19: 9a, 11-13a/ Ps 85: 9, 10, 11-12, 13-14/ Rom 9: 1-5/ Mt 14: 22-33

● Monday, August 10, St Lawrence

2 Cor 9: 6-10/ Ps 112: 1-2, 5-6, 7-8, 9/ Jn 12: 24-26

● Tuesday August 11, St Clare

Ez 2: 8, 3: 4/ Ps 119: 14, 24, 72, 103, 111, 131/ Mt 18: 1-5, 10, 12-14

● Wednesday August 12, St Jane Frances de Chantal

Ez 9: 1-7; 10: 18-22/ Ps 113: 1-2, 3-4, 5-6/ Mt 18: 15-20

● Thursday August 13, St Pontian & Hippolytus

Ez 12: 1-12/ Ps 78: 56-57, 58-59, 61-62/ Mt 18: 21, 19: 1

● Friday August 14, St Maximilian Kolbe

Ez 16: 1-15, 60, 63/ Is 12: 2-3, 4bcd, 5-6/ Mt 19: 3-12

● Saturday August 15, Assumption of the Blessed Virgin Mary

Rv 11: 19a; 12: 1-6a, 10ab/ Ps 45: 10, 11, 12, 16/ 1 Cor 15: 20-27/ Lk 1: 39-56

● Sunday August 16, 20th Sunday in Ordinary Time

1 Kgs 19: 9a, 11-13a/ Ps 85: 9, 10, 11-12, 13-14/ Rom 9: 1-5/ Mt 14: 22-33

The Southern Cross Est. 1920

In The Southern Cross August issue!

- SA's big gambling crisis
 - Archbishop Mpako: Son of Africa
 - Faith, culture and family
 - The soul of Korea's faith
 - Psychological distress in priests
 - World's oldest republic's Catholic roots
 - St Francis's way of keeping it simple
 - Prayer in the Age of Distraction
 - Sermons from a Mount
 - We answer your questions about confession for non-Catholics, a "woman bishop", and intercessors
 - Saint of the month: Bl Isidore Bakanja
- and much more!**

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for Southern Africa

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or Email: md@scross.co.za to subscribe.



CALENDAR OF EVENTS

Here you will find a list of our upcoming events to help you stay connected and involved in our vibrant life of our Parish. We invite you to participate, serve and grow in faith alongside fellow parishioners as we journey together in Christ.

Come and celebrate
Yiza uzokubhizozela
Kom ons vier

**OUR PATRONESS
MARY ASSUMED INTO HEAVEN**

With Archbishop
Sithembel Sipuka

2:30pm Rosary
3pm Liturgical
Celebration
(No Holy Mass)

SUNDAY
16 AUGUST 2026

LET US PRAY FOR
PEACE AND
RECONCILIATION

**OUR PATRONESS MARY
ASSUMED INTO HEAVEN**

16 August 2026
14:30PM - Rosary
15:00PM - Liturgical Celebration
Our Lady Help of Christians
Lansdowne

LET'S GO ON A HIKE
23 AUGUST 2026

2026 is the year of the centenary of the 1906-1907 Transvaal Riots. Bishop Charles Dinko has been invited to lead a pilgrimage to the site of the riots. The hike will be a day of reflection and prayer. The hike will be a day of reflection and prayer. The hike will be a day of reflection and prayer.

22 August 2026
07:30AM
Chapman's Peak Toll Plaza Parking
area

HIKE

22 August 2026
07:30AM
Chapman's Peak Toll Plaza Parking
area

RESTORE
Restoring the Mind, Body & Spirit

COME AND BE REFRESHED
Love Restored
August 16-17

Join us for an inspiring afternoon of
prayer, reflection and restoration
and a chance to hear from our guest
speaker, Fr. John O'Connell.

Space is Limited

RESTORE

22 August 2026
13:00PM - 16:00PM
Parish of the Resurrection,
Table View

engaged encounter

Getting married or thinking about getting married?
CATHOLIC ENGAGED ENCOUNTER
offers you the chance to spend a wonderful weekend, away from
the pressures of work, family, wedding arrangements, ...
to prepare for your lifetime commitment.

WEEKENDS in 2026
February 21-22
May 16-17
August 22-23
November 21-22*

Venue: Salesian Institute
One Chapin and Sturges Road
Greenpoint, Cape Town

Non-catholic programme:
August 22-23 (at the Salesian
Institute) 12:00-18:00

Bookings & Info:
Book directly on the site: www.engagedencounter.co.za
Or by calling 021 461 1111

ENGAGED ENCOUNTER

22-23 August 2026
21-22 November 2026
After 09:00 Mass
Salesian Institute, Green Point
bookings.ceecapetown@gmail.com

OUR LADY OF THE
SACRED HEART
PRAESIDIUM
LADY OF MARY - 1906-1907
— Centenary —

**A Tribute to MARY
CONCERT**

10:00AM - 15:00PM
10 OCTOBER, 2026

Parish of the Resurrection,
Table View

**A TRIBUTE TO MARY
CONCERT**

03 October 2026
10:00AM - 15:00PM
Parish of the Resurrection,
Table View

THE LEGION OF MARY
Our Lady of Sacred Heart Praesidium

Be Part of the Generation
That Calls Her Blessed
- 1916-1918 -

- Grow in Faith
- Serve Others
- Honour Mother Mary

Every Sunday
After the 7:30 Mass

Parish of the Resurrection
43 Somerset Avenue, Table View

THE LEGION OF MARY

Every Sunday
After the 7:30 Mass
Parish of the Resurrection,
Table View



Stay connected! Follow our social media and check our notice boards for the latest updates.

ARCHDIOCESE OF CAPE TOWN

SECOND COLLECTIONS DIARY 2026

AUGUST

15 | 16 St. Peter, the Apostle (Opus Sancti Petri)

This collection helps in the education of priests and religious throughout the missionary world.

SEPTEMBER

26 | 27 Priests' Provident Fund Collection

This fund provides for the needs of priests who, after years of faithful service in the Archdiocese, have now retired.

OCTOBER

17 | 18 Mission Sunday

This collection is distributed by the Pontifical Mission-Aid Societies, for support of missionaries throughout the world.

NOVEMBER

07 | 08 Prison Ministry Sunday Collection

Prison Care and Support Network (PCSN) renders emotional and spiritual support to prisoners and their families.

21 | 22 Oblates of St. Francis De Sales

28 | 29 1st Sunday of Advent Appeal

This collection is taken up on each of the four Sundays during the season of Advent. The proceeds are allocated by the Archdiocesan Finance Committee towards many charitable outreaches, pastoral training, for catechetical needs and for building and development projects in the Archdiocese of Cape Town.

DECEMBER

05 | 06 2nd Sunday of Advent Appeal

Proceeds supporting the Centre for Pastoral Development and parish maintenance needs

12 | 13 3rd Sunday of Advent Appeal

Supporting pastoral and building needs across the Archdiocese

19 | 20 4th Sunday of Advent Appeal

Supporting the Centre for Pastoral Development to help maintain parishes in need

24 | 25 Oblates of St. Francis De Sales

Second collections are a simple yet powerful way for us, as a parish community, to live out the Gospel through generosity.

These collections usually support specific needs beyond the regular running of the parish—such as charitable works, outreach programs, and the wider mission of the Church.

By giving, even in a small way, we help ensure that the Church can continue to serve those in need and be a sign of Christ's love in our community and beyond.

PARISH OF THE RESURRECTION THEME FOR 2026:

GATHERED TO GROW, SENT TO SERVE



PARISH THEME PRAYER

O GOD, OUR FATHER, YOU HAVE CALLED US TO GATHER AS A COMMUNITY OF FAITH,
ONE IN CHRIST AS PARISHIONERS OF THE PARISH OF THE RESURRECTION, DRAWN
TOGETHER BY THE HOLY SPIRIT DESPITE OUR HUMAN DIFFERENCES.

YOU ASSEMBLE US IN YOUR LOVE AND NOURISH US WITH YOUR WORD AND
SACRAMENTS, SO THAT WE MAY GROW IN FAITH AND CHARITY AS COURAGEOUS
DISCIPLES OF YOUR SON, OUR LORD JESUS CHRIST.

MAY THE GRACE WE RECEIVE NEVER BE KEPT FOR OURSELVES, BUT BE GENEROUSLY
SHARED IN OUR MINISTRIES AND IN THE LIFE OF OUR COMMUNITY. OPEN OUR EYES TO
THE NEEDS WITHIN OUR PARISH AND TO THOSE ON THE MARGINS OF SOCIETY.

TRANSFORM OUR WORSHIP INTO WITNESS, OUR PRAYER INTO ACTION, AND OUR FAITH
INTO A LIVING SIGN OF HOPE. MAKE US A VOICE THAT SPEAKS WITH COURAGE FOR
JUSTICE, COMPASSION, AND PEACE.

THROUGH THE INTERCESSION OF ST. THÉRÈSE OF LISIEUX, MAY WE BECOME A BEACON
OF HOPE FOR ALL.

WE ASK THIS THROUGH CHRIST OUR LORD. AMEN.

Our 2026 theme, "Gathered to Grow, Sent to Serve", embodies this, gathering us for spiritual growth and sending us in mission—directly building toward next year's [2027] theme which is "Journey of Faith, United to Love" and our 40th anniversary celebration.

Jesus assures us, "the kingdom of God is among you" (Lk 17:21), this is realized in our parish as one body with many members, where diverse ministries unite in the Eucharist to grow in faith and serve as Christ's witnesses (1 Cor 12:12-27).